

# Ifetayo I. Ojelade, PhD



Dr. Ojelade (O-jay-lah-day) is a licensed psychologist who is a recognized expert in trauma, diagnosing Post-traumatic Stress Disorder (PTSD), and adult children of dysfunctional parents. She is a frequent guest expert on the Derrick Boazman Show, 1380 WAOK and is a sought after speaker and workshop facilitator. Her techniques have been the basis of many presentations across the country including scholarly conferences, continuing education workshops, and community forums.

Dr. Ojelade is the founder and clinical director of *A Healing Paradigm, LLC* (AHP); a wholistic wellness center providing counseling, assessment, educational, and fitness programming for the entire family. AHP's Wellness Center model includes counseling interventions targeting depression, anxiety, and post-traumatic stress disorder (PTSD). In addition, psychological assessments are provided for

individuals seeking pre-surgical clearance, identification of learning disabilities, diagnosis of psychological conditions, and court mandated matters. Support services for parents and teens include in-office counseling, courses on child development, and wellness for girls.

Dr. Ojelade earned her doctorate in Counseling Psychology from Georgia State University. In addition, she earned a Bachelor's degree in Business Administration from Florida A&M University. As a Licensed Psychologist, Licensed Professional Counselor, and certified mediator, her clinical work focuses on psychological assessment and working with women in group and individual therapy. Her other areas of interest include the cultural dimensions of counseling persons of African descent, , team building, and integrating indigenous healing practices into psychotherapy. Through her work, she has provided counseling as a trauma, mind/body, and group counselor. Her work includes private, non-profit, judicial, hospital, and university settings.

Dr. Ojelade is a member of the American Psychological Association, American Counseling Association, and National Women's Studies Association. She is a former board member of the Council for the Psychology of Women and Girls for the Georgia Psychological Association. In addition, she is President of The Metro Atlanta Chapter of The Association of Black Psychologists. Dr. Ojelade lives with her husband and daughters in Atlanta, Georgia.

## **Brief List of Presentation Venues**

### **Scholarly Conferences**

American Psychological Association  
American Counseling Association  
National Women's Studies Association

### **Continuing Education Workshops**

Association of Black Psychologists  
Anxiety & Stress Management Institute  
Licensed Professional Counselor's  
Association of GA

### **Presentation Topics**

Stress Management  
Building Effective Teams  
Leadership Development  
Integrating Indigenous Healing in Therapy